Dining Out

(1)

Houstons (\$\$\$)

1550 Rosecrans Avenue Manhattan Beach, CA 310-643-7211

Burnished brass and stained wood complement roughly mortared brick and the occasional plant. Amid ubiquitous earth tones, corporate types and small parties (celebrating or simply living large) occupy deep booths done up in fine upholstery and lit from above by pin spotlights. Burgers, prime rib and steaks are the specialties of the house, but the menu also includes salmon, cobb salad, pork chops and roasted chicken.

(2)

PF Chang's (Chinese Cuisine) (\$\$)

2041 Rosecrans Avenue Manhattan Beach, CA 1-310-607-9062

Towering twin stallions and carved wood screens add majesty and mystery to this stylish restaurant, where well-dressed patrons sip martinis at the bar and families with children feast around large tables or in spacious booths. The menu gives Chinese classics a contemporary tweak; dishes are artfully presented, with many sauces made tableside by servers. Signature plates include diced chicken wrapped in cool lettuce leaves, orange-peel beef with chili peppers, and wok-fried scallops with lemon sauce.

3

McCormick & Schmick's Seafood Restaurant (\$\$\$)

2101 Rosecrans Avenue Manhattan Beach, CA

Manhattan Beach, C. 1-310-416-1123

Upscale and sophisticated, this chain features art deco-inspired trappings such as dark wood, shiny brass and beveled glass. Servers clad in black and white weave through cocktailing couples and businessmen at the bar. The classic American, seasonally inspired seafood menu changes daily; specialties include starters of Dungeness crab cakes and oysters on the half shell, plus entrees like cedar plank-roasted salmon, sauteed lobster with scallops and rock shrimp, and seared yellowfin tuna with wasabi, soy and ginger. Menu changes everyday!

4

Il Fornaio (Italian) (\$\$)

1800 Rosecrans Avenue Manhattan Beach, CA 1-310-725-9555

Elegant Italian restaurant featuring changing regional menus. Offers private function rooms, and there are two fireside tables. Also offers a small kiosk that sells breads, coffee, etc.

(5)

Romano's Macaroni Grill (\$\$)

2321 Rosencrans Avenue Manhattan Beach, CA 310-643-0812

A boisterous, all-ages crowd of pasta lovers pack this energetic Italian spot, where chefs clad in white hats and red scarves keep diners wide-eyed by showing their moves in the busy open kitchen. The menu boasts family-sized portions of hearty traditional fare, from antipasti, chicken and pasta dishes to seafood, steak and wood-fired pizzas. Signature plates include grilled pork chops, lobster ravioli, and penne rustica with shrimp, grilled chicken and smoked prosciutto in cream sauce.

6

Fleming's Steak House (\$\$\$\$)

2301 Rosecrans Avenue #1199 Manhattan Beach, CA 1-310-607-9653

Prime steak house offering a wide variety of wine in a very social atmosphere. Dinner Only!

7

Bristol Farms (\$\$\$)

1570 Rosecrans Ave Manhattan Beach, CA 90266-3718

(310) 643-5229

Want a picnic on the beach? This homegrown gourmet market built its reputation by offering excellent products, unbeatable service and special extras like wine tastings and cooking classes. Prices are as extravagant as the selection, but when the occasion calls for it, it's worth every penny. Not only does Bristol Farms carry items alien to most grocery stores (caviar, fine Italian proscuitto), but a wide selection of familiar items. The spacious aisles are generously stocked with extraordinary mustards, chutneys, oils, vinegars, spices, coffees and cheeses.

8

Rock 'N Fish (\$\$)

120 Manhattan Beach Boulevard (A block east of Manhattan Beach Pier) (310) 379-9900

The oak grilled Seafood and Steak in this venerable joint can't be beat. One of the most popular restaurants in the South Bay!

9

The Cheesecake Factory (\$\$)

665 N Harbor Drive

Redondo Beach, CA 90277

(310) 376-0466

Overlooks the beautiful ocean with views of the local yacht club. Menu features a wide variety of food: From Southwest to Steaks to an Assortment of Salads. You can't go wrong. Leave room for the best cheesecake in town!

(10)

Mama D's Italian (\$\$)

1125 Manhattan Avenue Manhattan Beach, CA Phone: (310) 546-1492.

This modest, Old-World Italian joint stands out in a neighborhood studded with fancy eateries. Chattering couples pack the brightly lit, homey space and extend out the door in what's always a long line. Carrying bread and plates of homemade olive oil, enthusiastic waiters guide diners through the exhaustive menu of Italian favorites. Build-your-own-pasta dishes topped with the house specialty pink sauce is popular, as is the thin-crust pizza.

(11)

TONY'S on the PIER (@ Redondo Beach Pier)

210 Fisherman's Wharf

Redondo Beach, CA Phone: (310) 374-1442 Phone: (310) 374-9246

Come for the tastiest Crablegs on the West Coast, Stay for the Fun, Frolicking, and Shopping!

12)

Ocean Diner

959 Aviation Blvd. Hermosa Beach, CA

(310) 372-3739

The most popular spot for breakfast, now serving homemade quality lunches and dinners too! Step back into the 1940's where the joint is always jumping. Known for its "everything made from scratch" motto - coffeecakes, cobblers, biscuits and muffins, and friendly hometown service.

Offers a Healthy Start Menu as well!

M-F: 6-9pm Sat: 7-3pm Sun: 7-3pm

M&M Soul Food

3552 W Martin Luther King Blvd Los Angeles, CA

323-299-1302

Most mouth-watering home-cooking this side of the Mississippi! From Hot Links to Liver & Onions to Southern Fried Chicken and Oxtails. And don't forget those Mississippi Burgers and Baby-Back Ribs, or the Mac&Cheese and Yams! Guaranteed you'll leave with a smile!

Sun-Thu 8a-10pm, Fri-Sat 8a-11pm

Roscoe's House of Chicken & Waffles

5006 West Pico Blvd Los Angeles, CA 323-934-4405

A favorite combo made world-famous by Roscoes! If you're going to have a sinfully fat taste, why not here!



POLAR MAX 2004





A User Forum for the Environmental Monitoring Community

